



Small concerns, or big challenges, we are here to help

About the Organization

- **Identity:** Community-based non-profit in Windsor-Essex
- **Focus:** Developmental, behavioral, and mental health challenges
- **Approach:** Early identification, education, and clinical intervention
- **Goal:** Helping every child reach their full potential

Vision & Philosophy

- **Early support matters:** Early detection and intervention change lives
- **Family-centered:** Empowering parents and caregivers
- **Strength-based:** Building on each family's strengths
- **Collaborative:** Working with community partners and resources

Languages Offered

- English, French, Interpretive Services - can be arranged * call ahead

Services Provided

Children First offers early intervention and family support services that help children grow and thrive. Many services are free for eligible families.

- Early developmental, behavioural, and mental health assessments
- Counselling and therapy clinics
- Parent and caregiver support & training
- Speech and language therapy
- Social skills programs for children
- Psychological consultation
- Group programs for caregivers (e.g., Circle of Security)
- Referrals to community resources



Who They Serve

- Children 0-6 years old
- Families, parents and caregivers
- Windsor-Essex, including surrounding municipalities

- 📍 **Address:** 105-2565 Ouellette Ave, Suite 105, Windsor, ON, N8X 1L9
- 📞 **Phone:** 519-250-1850
- ✉️ **Email:** info@children-first.ca
- 🌐 **Website:** www.children-first.ca
- 🕒 **Hours:** Mon - Fri 8:30a.m. - 4: 30p.m.

References

- Children First. (n.d.). *About us*. Children First in Essex County. Retrieved October 4, 2025, from <https://www.children-first.ca/about/>
- Erie St. Clair HealthLine. (n.d.). *Children First – Developmental and mental health services*. Erie St. Clair HealthLine. Retrieved October 4, 2025, from <https://www.eriestclair-healthline.ca/displayService.aspx?id=40409>
- Windsor-Essex Children and Youth Services (WECOSS). (n.d.). *Children First*. WECOSS. Retrieved October 4, 2025, from https://wecoss.ca/wec_connect/children-first